that on the beach and walk out on the ice to the open up places. A whole mass of ice, like a continent arrives from the North early winter. It stays around the island. When it push in, there be piles forming mounds here and there.

There are some open water here and there when the ice moves in, too. There are seals, mukluks and whales seen then in the open places, or sea. So the men go out to the shore to watch for those sea animals.

We use the meats from them for food. The oil from their fat is very good for us for food. We also use the skins from seals for garments, or to put on. With them on for parkies, pants and mukluks, even mittens you would be cold.

News from Nightmute

Hello to all the Health Alaska. Aides in Beginning of this year has been kind of strange, with warm weather in the air. like spring is already here, it's been wonderful for it's giving the seal hunters a chance to go out seal hunting, jiggers to jig for lushfish behind the east hill of Nightmute or for tom-cods down Toksook Bay, and also giving the children a chance to play outside more sliding, playing tag or lab ball, or just being children.

The other day, one of the seal hunters caught his first seal of the season. The wife then cut it into small pieces and gave a seal party. She invited all the wives to gather around her front porch, then gave each of the women seal blubber and meat, then when she got done with that, she started giving out items she bought from the

store to each women, and throw the left overs in the air for the women to try and catch. It was a lot of fun, and I can't wait for someone else's wife to give out another seal party.

Congratulations to Charlie Lincoln and Mary Tulik who tied the knot on March 6. Sorry, husband I couldn't attend your wedding. Since the other Health Aide is in training, I have to be here standing by for the whole month. Hope you'll have happy many together with children. Happy Easter to all the Alaskans.

Sincerely, Mary Joe Nightmute