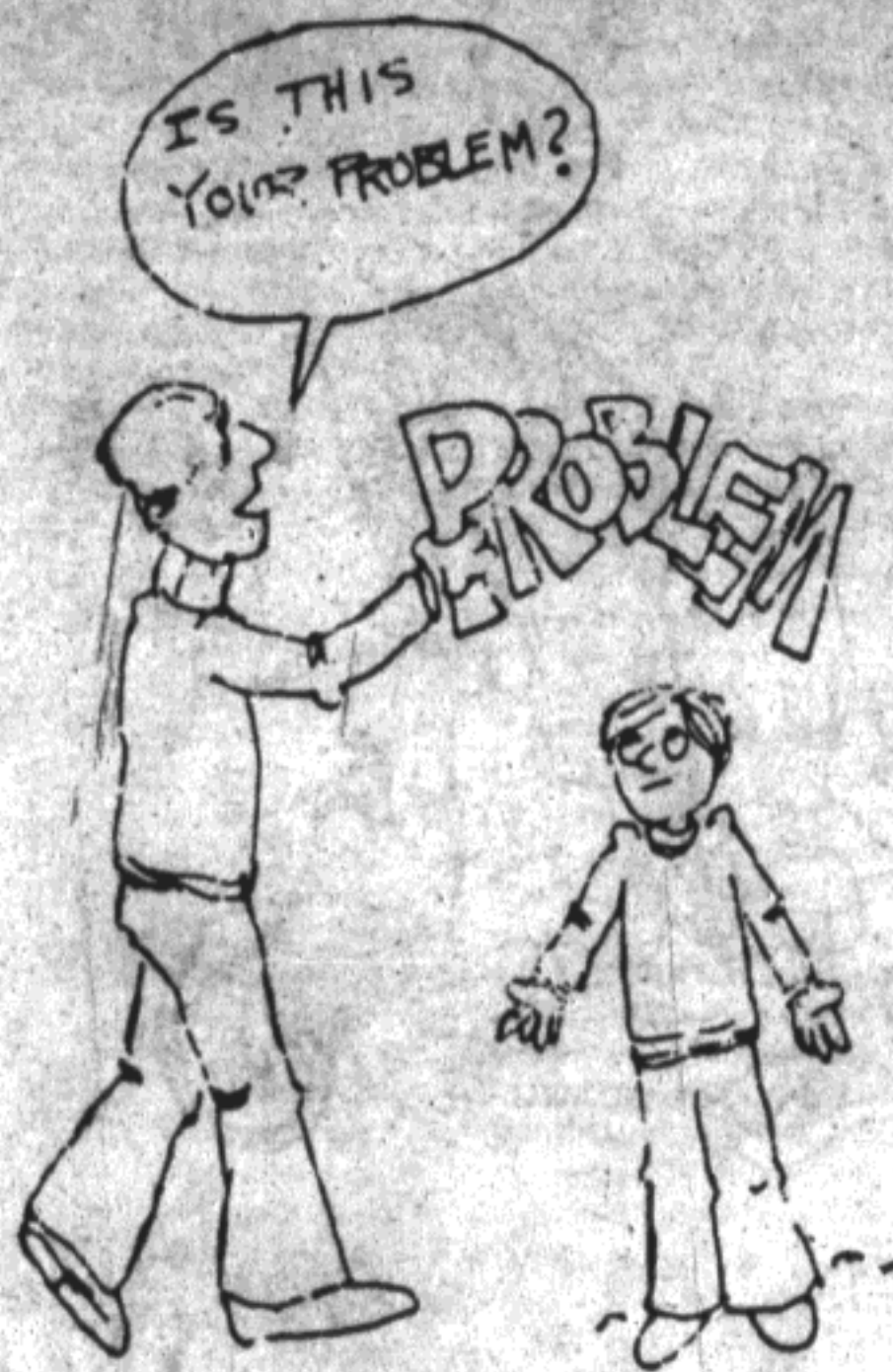


Alcohol abuse takes toll on everyone



Our new juvenile program is under way, and this month we will begin a special education class for juveniles. This is our way of meeting the special needs of kids who have problems with drinking or drugs, either from their own abuse or their family's.

Pamela Flory, our village counselor, will have a busy month of travel. She has just returned from Nome where she visited the Bering Straits Treatment Center. This is an alcohol treatment program which some of our clients have attended. Her first-hand knowledge of this program will be valuable in future placements.

Pamela was in Wainwright September 7-9. She is also looking forward to a trip to Nuiqsut Sept. 28 to 30. If any of the other villages would like her to come for counseling or education, please let her know so she can set up her Fall schedule. She would like to visit each village as soon as possible.

PSO reports that during the month of July a total of 98 service days were served in detention because of alcohol abuse. This included 67 detentions for Detox, 8 for operating a motor vehicle while intoxicated, and 23 for minor consuming alcohol.

This figures out to the

equivalent of one in every 30 people in Barrow spending a night in jail. Do you have any idea how much that costs? PSO figures it costs them \$245 a day for each person held in detention. So, for 98 people the cost was \$24,010!!!

That's \$24,010 our community spent because of alcohol abuse. You can think of many other, more constructive ways to spend that much money.

Do you still think it's your problem? It's everyone's problem, and we all must work together to cure the sickness in our community, family and friends.

If you don't know what to do come talk with us, or go to your pastor, teacher, employer, friend or family. Don't be afraid to talk about it, we can help each other.

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Hi! My name is Jack Smith. I was born and raised in the "Salmon Capital of the World," or the "First City," as they call Ketchikan. I have spent most of my life in Southeast, Alaska.

I am a very active person that likes to get involved in just about anything productive. I am a *Recovering Drug Addict/Alcoholic*.

My Substance Abuse History started early for me, and it led me through many things including doing some time in jail.

I am presently working for the Barrow Alcohol Program, as a Counselor at the Friendship House. I feel that I have learned a great deal about both Substance Abuse and Life in general and would like to share it with others.

It is really hard to explain why I came to Barrow. That would be like to explain why I stayed all of these years in Alaska instead of going to the Bahamas. I have lived in other parts of the country but never seemed to enjoy myself. I guess that I am just hooked on Alaska.

Like Ketchikan, Barrow is not always the "hot spot" for excitement. I hope to participate and motivate as many activities as possible. I also would like to share my experience and training to help those what want to find an alternative to Substance Abuse. At heart I am still just a big kid and I hope that I find a lot of people that enjoy good clean excitement.

I thank you-all for the very warm welcome that I have received so far, and hope to meet a lot of good friends in Barrow.