



## 'I drink to forget shame that I drink'

"Why are you drinking?" demanded the little prince.

"So that I may forget," replied the tippler.

"Forget what?" inquired the little prince, who already was sorry for him.

"Forget that I am ashamed," the tippler confessed, hanging his head.

"Ashamed of what?" insisted the little prince, who wanted to help him.

"Ashamed of drinking!" The tippler brought his speech to an end, and shut himself

up in an impregnable silence.  
Antoine de Saint-Exupery  
The Little Prince

Alcoholism is a disease that no one can afford to forget.

The Barrow Alcohol Program wants to remind everyone that Friendship House is open to all who seek a safe and sober environment.

We offer counseling, education, information and referral, employee assistance and outreach.

Our telephone number is 852-4673 (HOPE) Monday

thru Friday 8:30 a.m.-5:00 p.m. and Tuesday thru Saturday till 12:30 a.m. We are here to help you.

We are happy to welcome Jack Smith as our new Substance Abuse Counselor. He started August 9 and we've been keeping him busy ever since.

Ellen Cloud is leaving the Barrow Alcohol Program. When she gets back from vacation, the first week of September, she'll be the New Alcohol Safety Action Program (ASAP) Coordinator. Good luck, Ellen!