

CCross-Lites says:
Sin is a barrier between
ourselves and God

APPRENTICE OUTREACH PROGRAM

Anchorage Office
1822 W. Northern Lights - 272-5411

Fairbanks Office
315 5th Avenue - 452-2230

Manic- Depressive Illness is a treatable disease.

Symptoms may include:

- ☐ Impulsivity.
- ☐ Irritability.
- ☐ Increase in activity.
- ☐ Very talkative, pressured to keep talking.
- ☐ Thoughts that race.
- ☐ Decreased need for sleep.
- ☐ Highly distractable.
- ☐ Buying sprees.
- ☐ Feeling able to do anything.
- ☐ Foolish business investments.
- ☐ Reckless driving.
- ☐ Increased productivity - often with unusual or excessive hours.
- ☐ "Life of the Party".
- ☐ Inappropriate laughing, joking, punning.
- ☐ Feels invincible.
- ☐ Suspicious.
- ☐ Mood swings.

Manic-Depressive illness is a serious health problem. If you or a loved one continually experience any of these symptoms, professional help may be needed.

Call your physician or call Charter North Hospital's Psychiatric Emergency Team at 258-7575 for referral information or for a no-cost, confidential consultation.

Please call today - tomorrow is too late.



**CHARTER
NORTH HOSPITAL**

A Member of the Charter Medical Corporation
Faculty of Quality Health Care Facilities

2530 DeBar Rd.
Anchorage, AK 99508-2948

258-7575

Outside of Anchorage, Call
800-478-7575 Toll Free

*"People do get well
at Charter North"*



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