

HOPÍ INDIANS USE BREAD FOR SPOON AND FORK

By GEORGE JENNINGS GALE
Olympia, Washington
I sent a copy of Tundra Times down to the Hopi Reservation in New Mexico and got

Wrangell Installs Its New Airport

By HAROLD RIACH
Times Newsboy

The dedication of Wrangell's \$1.9 million airport was held on Friday the 17th. The runway is about 5,000 feet, and it's width is about 200 feet.

Green Construction Company started working on the project on August 7, 1967. When they were building the airport, they had to clear 127 acres and remove about 357,000 cubic yards of muskeg.

The surface of the airport is gravel. I heard many people say that Wrangell is going to pave the airport and extend the runway in the future.

Petersburg and Ketchikan soon will have airports too.

Enclosed is a check for the 180 papers, October 11th, 18th, and 25th.

back some nice letters in one of which was a Hopi recipe for bread, and the writer claimed she found that typical Hopi bread frequently serves as the plate, spoon or fork in the Southwest.

The bread is a large, round, slightly leavened flat loaf which dries out quickly in that country because it contains no milk or shortening. A portion of it is put away each day as a starter in place of yeast in making bread the next day.

Use dry yeast in 2½ cups of warm water.

2 tablespoons of sugar.

2½ cups flour.

Let stand overnight then stir in 3 cups warm water, one tablespoon salt, 9 cups flour.

Let it raise and then punch it down.

Always keep one-third of the roll for a starter. Make up the rest into balls then roll into thin disks. Ground corn can be used with the flour. The bread is flat, much like Swedish bread or hard-tack.

It tastes a little like Alaska sourdough bread but not quite.

It can be spread out over a hot rock to cook in a frying pan tipped up to the campfire, or in the huge semi-Dutch ovens of the Hopi.

This bread is dipped into stew or soup, as they say, used as a spoon, plate or fork. After the soup is eaten, the spoon is then also eaten.

There are four races of Pueblo Indians, one of which is the Hopi.

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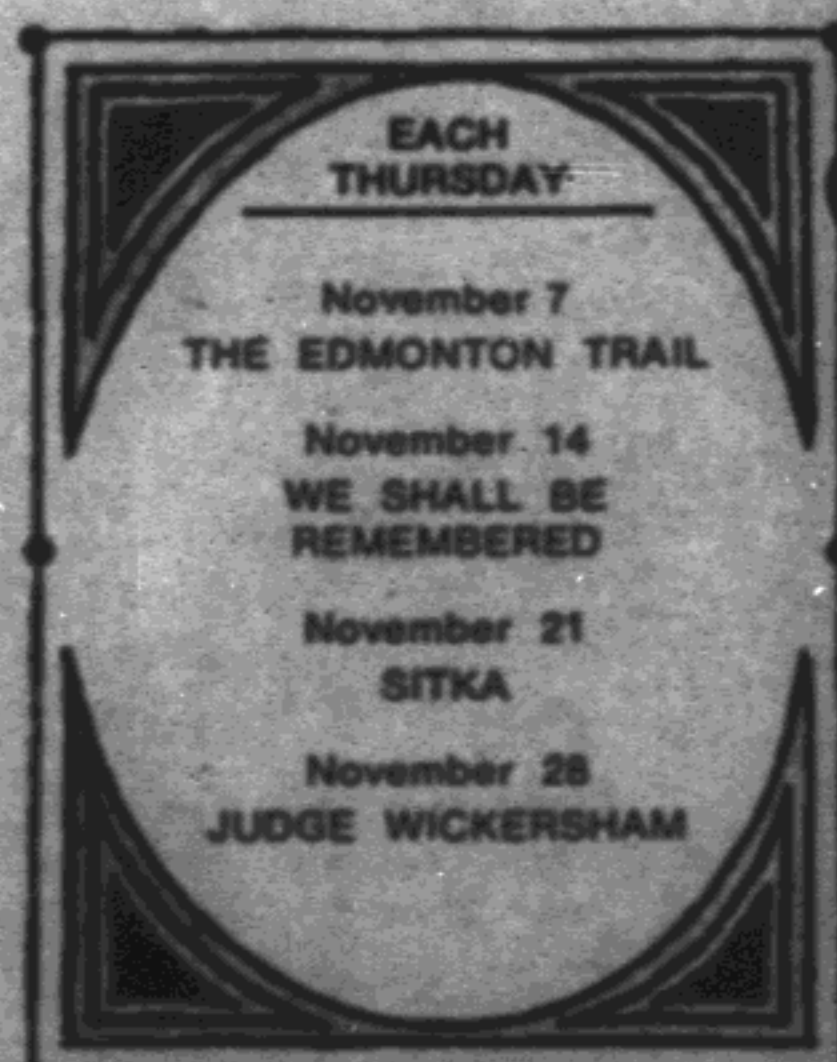
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