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A Message from ECKANKAR

ECKANKAR®

A Way of Life

ECKANKAR is a way of life. It is the most ancient religion known to man, and through it the universal questions are seen in their deepest meaning and answered by the direct experience of God. The student of ECK (Spirit) lives a responsible, involved existence, paying his own way, serving a useful function in society, and fulfilling his commitments to himself, his family and his employer.

In this way ECKists are busy translating their inner unfoldment into everyday life terms all around the world. Yet the most distinguishing facet of the ECKist's existence is a sense of joy, a joy which arises from his knowledge that death is a myth, that the word life has a reality that encompasses states of consciousness beyond man's imagination, and that the only thing that holds man from the realization of these states is his own self-limiting concepts.

Freedom of Choice

The ECK teachings have always been available throughout the course of history, but they have never denied the validity of any other religious path or teaching. This teaching is not Eastern in origin—rather, it encompasses all of man's religions. ECKANKAR does not condemn any path nor the follower of any religious teaching, and does not accept the negative attacks that so-called religious leaders have directed at it. The great leaders of the past such as Jesus, Buddha and Mohammed, each played a great role but, unfortunately, their followers have often caused religious wars, persecution and general hatred. This is a misconception which has no place in any truly spiritual path. It is a violation of the Law of Spirit to attempt to influence another person for any reason whatsoever without that person's permission. The teachings of ECK state that each individual must be free to make his or her own decisions every step of the way. Those who violate this law will reap the consequences of their actions, which will come about through the natural vehicle of Spirit, not the agency of any man or group.

ECKANKAR is based upon individual freedom of choice; converts are never sought after, nor is tithing. Neither do communal living, drug use nor religious ashrams reflect the nature of individuality and personal freedom found in the ECK teachings down through the ages. The teachings are simply made available to the many who today are seeking personal spiritual growth and unfoldment to Self-realization and God-realization.

How ECK Can Help You

The ECKist learns to contact this audible life stream and to trace it back to the Source from which it came in the heavenly worlds. This spiritual liberation gives man freedom from all things. Former negative traits drop away naturally, such as smoking, temper, undue attachment to material things, gluttony and abnormal talking. These things are not bad or evil in themselves, but that which will fasten the attention solely upon the limited physical state. These are replaced with the highest qualities and ethics known to man. Through the spiritual exercises of ECK and the guidance of Sri Darwin Gross, the 972nd Living ECK Master, one can have the conscious experience of the heavenly worlds and know what lies beyond death.

ECKANKAR serves as a vehicle for the individual to lift himself out of the realm of the psychic. It allows one to live life fuller each day, to be more confident with a greater understanding and love for all life. The whole purpose of ECK is to provide spiritual succor and upliftment to all who seek it. It is freedom from old limitations and habits, a way to experience life fully, consciously and to find the answers to the questions that have always plagued mankind. Those individuals who follow this direct path to God will find it an adventure in personal freedom and spiritual experience.

How ECK Has Helped Individuals Around the World

Testimonials received by ECKANKAR

"ECK has made me a greater person totally. Each moment of the day is filled with a happiness that words can't express. Most of all, through ECK I have experienced God and the heavenly worlds." *M.N., California*

"What a beautiful experience seeing you and talking with you on the inner planes... Our meeting face to face was very special... I will remember." *R.J., Oregon*

"... I am no longer taking pills or smoking pot. I feel much better, my life more balanced. I have learned that drugs and ECK do not mix. I don't have that desire to go back to them." *T.L., Mexico*

"With ECK there is always a supreme joy... The realization of new areas of experience and the secret knowledge of the higher realms is high adventure in the truest sense for us both." *E.M., Maine*

"The ECK has helped me to find a purpose in life and a greater understanding. Thank you." *J.M., Colorado*

For Information Send to:
ECKANKAR International Office
P.O. Box 3100 / Menlo Park, CA 94025

Name _____

Address _____

City _____

State _____

Zip _____

"You will find that ECK and its teachings give a freedom through experience which only you as an individual, one person, can have. No one else can have that experience for you."

—Sri Darwin Gross