

Interesting Recipe—

1 Cup Cooked Seal Meat

(Serves 6)

Oven: 375° F.

Time: 25 min.

1 cup cooked seal or other meat.
chopped fine

2 cups cooked rice

3/4 cup chopped onion

1/4 cup chopped green pepper

2 tablespoons butter

1 10 ounce can cream of tomato
soup or cream of mushroom
or celery soup

1/2 cup milk

2 cups potato chips, coarsley

crushed

Add chopped seal or other meat to rice. Cook onion and green pepper in the butter over low heat until tender. Add to meat and rice and mix lightly. Blend soup and milk. Place half of the crushed potato chips in the bottom of a greased 2 quart casserole. Cover with alternate layers of meat mixture and soup, ending with soup on top. Top with remaining potato chips. Bake.