



Vegetable-like foods from sea good to eat

by Grace Siwooko
for the Tundra Times

GAMBELL — This time of the year the sea weeds and vegetable-like foods that grow at the bottom of the sea come ashore after a long storm and rough sea over here at St. Lawrence Island, *Sivuqaq* in our language.

Those vegetable-like foods that come ashore are real good to eat. We eat them either cooked or raw. They are good. We eat them with our meats. We call them *tepaq* in our language.

We sure are having those fall winds now. This sure brings them ashore.