



Culinary Arts jobs available now

Did you know that the culinary industry is the largest retail employer in the country? Government statistics show that every professionally trained culinary arts specialist has at least four job openings to choose from. Choices like—

- institutions
- sales
- health professions
- hospitality restaurant management
- restaurants/cafes
- hotels/resorts
- catering

Choose a creative, financially smart career... choose

Culinary Arts!

For information on certificate & degree programs
call 786-1487

College of Technical and Community Education
University of Alaska Anchorage

DIFFERENT DRUMS

Native American Music on the Radio!

Wednesday afternoons at 1:05 on KBBI, 890 AM, Homer, Alaska



Coming soon to Anchorage!
Sunday mornings at 10, on KNBA, 90.3 FM



Available to stations everywhere via satellite distribution
Ask your local program director to contact
John Gregg at AIROS,
the American Indian Radio on Satellite network
1-800-571-6885

Great music by Native musicians from Alaska, Canada, & the Lower 48

A production of KBBI public radio in Homer, Alaska,
"Where the sound meets the sea", (907) 235-7721



LOSE 20 POUNDS IN TWO WEEKS!

Famous U.S. Women's Alpine Ski Team Diet

During the non-snow off season the U.S. Women's Alpine Ski Team members used the "Ski Team" diet to lose 20 pounds in two weeks. That's right - 20 pounds in 14 days! The basis of the diet is chemical food action and was devised by a famous Colorado physician especially for the U.S. Ski Team. Normal energy is maintained (very important!) while reducing. You keep "full" - no starvation - because the diet is designed that way. It's a diet that is easy to follow whether you work, travel or stay at home. (For men, too!)

This is, honestly, a fantastically successful diet. If it weren't, the U.S. Women's Alpine Ski Team wouldn't be permitted to use it! Right? So, give yourself the same break the U.S. Ski Team gets. Lose weight the scientific, proven way. Even if you've tried all the other diets, you owe it to yourself to try the U.S. Women's Alpine Ski Team Diet. That is, if you really do want to lose 20 pounds in two weeks. Order today! Tear this out as a reminder.

Send only \$8.95 (\$9.60 in Calif.)-add .50 cents RUSH service to:
American Institute, 630 Quintana Road, Suite #136, Morro Bay, CA
93442. Don't order unless you expect to lose 20 pounds in two weeks!
Because that's what the Ski Team Diet will do.

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