

'They are like vegetables. I think they are sea vegetables.'

by Grace Slwooko

for the Tundra Times

ST. LAWRENCE ISLAND — Out here on St. Lawrence Island this time of the year we like to go look for sea foods that come ashore, for winter, putting them away.

The sea foods that come ashore are so good to eat with our meats. They are like vegetables. I think they are sea vegetables.

We have names for them. They are *tukughnak*, *kemkeghnak*, *kemagluk*, *aghnaghuq* and many more. But we sure use these for food.

When the wind has been blowing strong and waves coming so strongly, for days — that brings them in.

When it calms down, that sure brings those in plentifully. We call all those as a whole *tebat*.

Nowadays people go farther, too, with Hondas, finding those on the shore, at the waves.



Grace Slwooko