

Emmonak Site of Head Start Workshop

Rural CAP Counselors Meet

Eight Rural CAP Alcoholism Counselors from across the state participated in a workshop held in Tazlina in the Copper Center Region.

Stewart Nicolai, Rural CAP Counselor in the Copper Center area and many other people in his region shared their time, facilities and life-style with the participants of the workshop.

The theme of the workshop was "A People to People Approach," with concentration on processes of planning and participation in a community workshop. All participants were utilized as individual resources. The priorities set by the team included information sharing on grant-writing, Mini-Grants, counseling techniques and philosophies, Urban and Rural Alcoholism Counselor's Association certification and the practicalities of planning a workshop.

One of the highlights of the three-day session was a visit with Mr. Tony Jackson, a long-time resident of the Copper area with a presentation on the history of the Copper Region.

Also, Mr. George Barril, director of the Alaska Native Commission, presented an overview of the revised State Plan on Alcoholism.

John Keating, executive director of the National Council on Alcoholism/Alaska Region and Ralph Amouak, director of the ANCADA/Mini-Grants Program, joined in the activities of the workshop on the last day.

The workshop was coordinated by Mrs. Evelyn Myers, Alcoholism Training Coordinator for Rural CAP and was conducted through the skillful guidance of Jerry Endres and Jon Sagen, trainers from the University of Southern California, Extension at Santa Cruz.

Evelyn Myers shared information on URACA, and Patsy Hesler, office manager for the ANCADA/Mini-Grants Program shared information on proposal writing and the Mini-Grant Program which is currently reaching into 166 villages in Alaska to put an edge on the drinking problem.

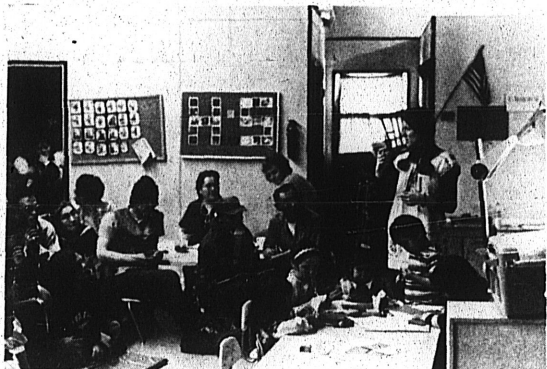
Help for Bristol Bay

Mike Harper, executive director of Rural CAP and Mr. Nick Gregory, chairman of the Board of Directors for the Bristol Bay Area Development Corporation recently acknowledged the Governor's declaration that the Bristol Bay Region would be considered an economic disaster area and immediately sent word that the Rural CAP Organization would stand ready to assist the Governor's Administration in establishing village work projects to compensate for the lack of economic development as derived through the fishing industry.

It is widely recognized that not only the residents of Bristol Bay have been adversely affected by the lack of job opportunities but people from the Interior and Kuskokwim areas have often made the trek to the Bay Region



Participants in the Emmonak Workshop discuss the Head Start education plans. — Photo by Marge Semaken



Celia Foley, speech and hearing therapist with the Special Services Delivery Project, demonstrates the use of the Head Start developmental assessment. — Photo by Marge Semaken

Participants Plan for Health and Education

"Head Start is for parents, too" was the theme of a five-day workshop held in Emmonak on April 17-21. Staff and parents from six other Head Start villages traveled to Emmonak to attend the session of training and sharing of ideas.

The village of Emmonak was chosen as the site of the workshop because of its excellent program of parent involvement in Head Start.

Emmonak's Head Start Parent Council helped to get funds to build the new building for the program and has raised enough money to hire an additional teacher-instructor. Head Start parents in Emmonak are involved in all aspects of the pre-school program.

The workshop opened with an invocation by Father Henry Hargraves, and a welcome to Emmonak by Bart Agathluk, a member of the Village Council. Introductions were followed by a slide presentation of Emmonak along with another Head Start Program, entitled "A Gift of Time." The slide show illustrated ways in which the parents can become involved in the Head Start classroom and other Head Start services.

Dr. Scott Giebink, a consultant for the American Academy of Pediatrics, gave a presentation called "Parents, The Community, and Health Care." Dr. Giebink outlined the kind of services that Head Start children should have and then gave examples of how health services could be carried out by local programs.

Participants then broke up into village workshops to write the plans for health services delivery for the coming Head Start year. That afternoon, Dr. Bill Niendorff, a dentist for the U.S. Public Health Service in Kotzebue, showed slides depicting preventative dental care and good nutrition for the Head Start

children. Dr. Niendorff also presented activities that Head Start teachers could carry out in the classroom and things that the parents could do at home to insure good nutrition and dental care for their children.

In the afternoon, Dr. Giebink and Cecilia Foley, a speech and hearing therapist with the Special Services Delivery Project in Anchorage, gave the staff and parents a demonstration in assessing the growth and development of their children. Dr. Giebink and Ms. Foley answered questions from participants about particular behavior problems of Head Start Children. Dr. Giebink also showed the film, "Looking at Children."

On Saturday, Dr. Nancy Curtis, a child development consultant with the Alaska Methodist University, showed participants how to write an educational curriculum for children in Head Start.

Rural CAP Field Trainers led individual village workshops to write educational plans for next year. Dr. Curtis also gave a demonstration on themes and lesson-planning and presented a film that she had made in Cambridge, Mass., where she attended the Harvard University.

The Rural CAP Field Trainers and Dr. Curtis presented workshops on the development and parent/children activities in the home.

Roger Mooney, Director of Child Development stated that the success of the workshop was largely due to the enthusiasm and participation of parents and staff from Head Start villages.

ANCADA/Mini-Grants Moves

The Special Alaska Alcoholism Mini-Grants Program, through the Alaska Native Commission on Alcoholism and Drug Abuse, (which has been housed since its formation by the Rural Alaska Community Action Program) has finally become independent by relocating their offices to a central, downtown, Anchorage location.

The Central Office of ANCADA/Mini-Grants is responsible for providing monitoring and technical assistance to 166 villages which are the recipients of \$5,000-\$10,000 Mini-Grants for the purpose of alleviating the alcoholism problem by providing alternatives to drinking.

Some of the communities have asked for community halls to restore the traditional meeting place of the Native people and provide recreational facilities.

Ralph Amouak, director of the program and his staff (Don E. Lee, field supervisor; Patsy

Hesler, office manager; and Lorraine Ryan, secretary) will be available to assist any village Mini-Grant recipient or any NIAAA grant recipient at their new address: 528 West 5th Avenue Suite No. 9. The new telephone number at that location will be 277-2578.

An open house is planned to mark the opening of the new office for the afternoon of May 31. Mr. Amouak and his staff encourage all of those interested in ANCADA/Mini-Grants Program to attend the open house or visit the program whenever they are in Anchorage.

According to Amouak, "Without the assistance of Rural CAP we would not be where we are today. They have helped us from the beginning by providing us with office space and the use of all of their facilities. We are grateful for this help and would like to thank all of those responsible."

for these same job opportunities.

A representative for the Governor was already in the Bristol Bay Region the week of May 6 and the Rural CAP office at Bristol Bay was working hand-in-hand with the representative to survey the exact extent of the job situation and to pose solutions, said Harper.

He also added that, "Alaska has finally recognized the disaster that the depletion of the salmon industry has caused for wage-earners in the Bay. It is our hope now, that the United States Government will also reciprocate and focus their immense powers and assist us in coming up with solutions and alternate job opportunities for the people."



Left to right: Tommy Ongtooguk, Dr. H.C. Townsley, Patsy Hesler, and Ralph Amouak pictured in front of the Social Development Center in Anchorage.

Indian Psychiatrist Visits Alaska

Dr. H.C. Townsley, from Norman, Okla., is currently visiting in the state. Townsley, a Chickasaw Indian, and one of the only five Indian psychiatrists in the United States is here on the invitation of Tommy Ongtooguk, deputy director of the Norton Sound Health Corporation.

Before departing for Nome, Dr. Townsley spent two days in Anchorage visiting the various Alcohol and Drug Treatment Centers along with Ralph Amouak, projects director, Alaska Native Commission, Mini-Grants Program; Evelyn Myers, Alcoholism Training and Technical Assistance Coordinator for Rural CAP; Patsy Hesler, office manager for the ANCADA/Mini-Grants Program; and Ongtooguk. Townsley is currently the director of the Oklahoma Drug Abuse and Aftercare Treatment Program for the State of Oklahoma. He also works extensively in the field of Alcoholism and Vocational Rehabilitation.

Dr. Townsley was invited to

Alaska for site-visitations and, if possible, to assist in evaluations and offer possible suggestions that may help in the areas of Drug Abuse, Mental Health and, specifically, Alcoholism.

In the Norton Sound area, Townsley is scheduled to visit several small villages including Unalakleet, Shaktoolik, Teller and Little Diomed Island.

Among his other accomplishments, Dr. Townsley was very instrumental in the formation of the Association of the American Indian Physicians. At the present time, they have a total of 48 members who identify themselves as Native American Indians and Physicians.

The primary purpose of the association is to encourage other Indian people to go into the medical or para-medical fields.

According to Amouak, "We are extremely fortunate to have Dr. Townsley's expertise in Alaska and look forward to his next visit when he can spend more time in the other regions of the state."