

# RurAL-CAP

## ACTION REPORTS

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### HEAD START PROG. WORKSHOP SUCCESSFUL

#### 'Conscious Parenthood Phase I' Is the Theme

"Conscious Parenthood, Phase I" was the theme of a 5-day workshop held September 23-27, in the small community of Noorvik located approximately 50 miles east of Kotzebue.

This workshop was one of the many successful sessions held by the Head Start Programs in rural Alaska.

Under the direction of Laura Norton, and Charlene Thomas, Head Start Field Trainers, a special training session for 2 cooks from each of the villages of Gambell, Kiana, Noorvik, Point Hope, Savoonga, and Selawik was very well-presented by Ms. Lare', Community Development Coordinator from the Anchorage Area.

This special training also included basic nutrition, special nutrition for children, menu planning, sanitation, economy buying, recipe building, and a special instruction covering and encouraging the use of Native foods in the menus of the Head Start Centers. Workshop participants were impressed by the wonderful lunches which were provided during the session.

"Looking at Children", "Development Activities", "Parents, The Community and Health Care", "You, Your Child and Dental Care", "Nutrition and Your Child", "Themes and Lesson Planning", "Writing an Edu-

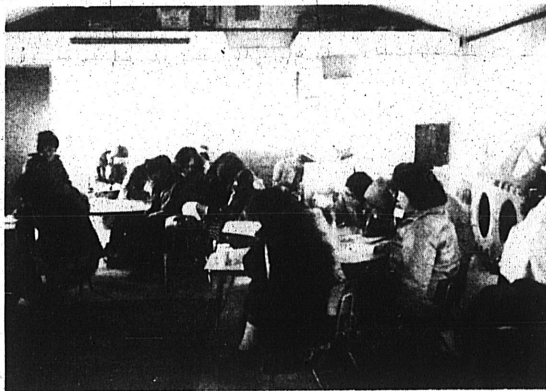
cational Plan", and "Activities You Can Do At Home", were some of the plans discussed to later be implemented in the classroom and hopefully, because Head Start is concerned about parent involvement, be used in the homes of the Head Starters.

The participants of the workshop who provided the technical assistance were: Ms. Lare', Community Development Coordinator, Sylvia Munsey, former Anchorage Head Start Coordinator served in the workshop as Early Childhood Consultant, Laura Norton, Field Trainer for the Kotzebue Area, Dr. Richard Peterson, Pediatrician, Delia Foley, Alaska Treatment Center, Dr. Douglas Reid, Dentist, and Charlene Thomas, Head Start Field Trainer for the Nome Area.

"It was an exciting, fun-filled week, although, homesickness snuck in for a few people, everyone seemed to be going home with some new knowledge and good memories," stated Ms. Thomas.



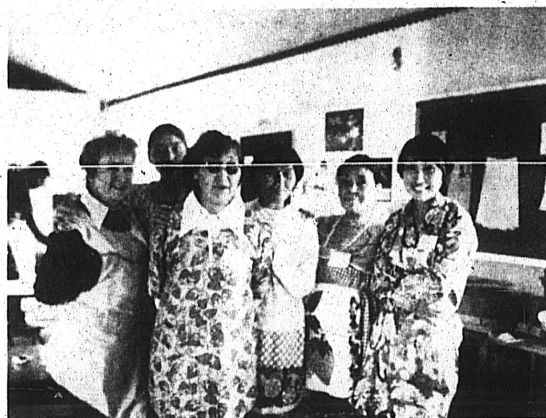
MS. JUANITA WEBBER, Assistant Director of Child Development.



WORKSHOP participants shown writing lesson plans.



PICTURED ABOVE: Interested parents, teachers, and instructors at the Head Start Workshop in Noorvik.



The cooks of the Kotzebue Area rural Head Start Programs are shown above and the technical assistance participant, Lare' (far left), who encourages the cooks to use Native foods.



THE NEWLY-HIRED DIRECTOR of the Koyukon Development Corporation pictured at the Regional Director's Meeting here in Anchorage, on October 11 and 12.

#### Head Start Hires Assistant Dir.

On Monday, October 21, Roger Mooney, Director of Child Development announced that the new Head Start Assistant Director would be Ms. Juanita Webber. Ms. Webber, a resident of Anchorage for 22 years was chosen to the position as she has had several years of experience previously with the Early Childhood Programs headed by the State-Operated School System.

Ms. Webber is a graduate of the University of Alaska and mother of three "beautiful" daughters. Among her hobbies include, "artist of sorts" and along these lines, a member of the Council of Arts, and Alaska Artist's Guild.

The new position that Ms. Webber will be serving is one of assisting with the operational portion as well as directing with the three (State-wide) Parent Child Centers on their needs.

Roger Mooney states that "we are fortunate to have been able to get someone with Ms.

Webber's experience and enthusiasm to help keep the Head Start Programs running smoothly."

#### Galena Koyukon

Former Town Council President of Ruby, Patrick McCarty, has assumed new responsibilities as he was recently hired as the Director of RurAL CAP's Regional Development Corporation in Galena, Koyukon.

McCarty is a 21 year old Native of Ruby who attended school at Chemawa in Oregon and has served as enumerator for enrolling applicants in the Alaska Native Claims Settlement Act.

Since October 7, when McCarty was hired, he states that he has been trying to take a summary of the number of, and types of problems in the 18 villages that are in the boundaries of the Corporation.