

Every 4-Her Is Winner by Participating

Often we think of the "winner" as the person who goes away from a contest with a blue ribbon. But in a broader sense, every youth who participates in a 4-H event comes away a "winner," according to Harlem Sandberg—State 4-H and Youth Program Leader at the University of Alaska.

4-H events—such as demonstration contests—are designed to make everyone a winner. Anyone who participates should gain something from the experience.

What is a winner? Someone who participates and learns to speak with ease before a group of people or to put his ideas across more effectively.

What else? A winner in a 4-H demonstration gains poise and self-confidence. He also learns something about the topic of his demonstration.

Being a winner is an integral part of the real life learning experience in 4-H, says Sandberg.