

# Go, Ramey, Go!

*Singing the Sober Song* would like to extend the best of luck to Ramey Brooks as he blazes the Iditarod Trail carrying sobriety pledge signatures and for the fight against tobacco use. Like the Iditarod itself, maintaining sobriety is a long, hard trail. And harkening to the history of the Iditarod, bringing sobriety pledge signatures to Nome is like a serum to help in the prevention of alcohol and drug abuse.

Sacrifice, taking charge, building teamwork - the qualities of a person like Ramey Brooks sets an example for all of us.

*Singing the Sober Song* is still asking community leaders to make a sacrifice, to give up the use and/or dependency on alcohol and/or drugs. It's a small price to pay. If leaders really want to protect the future of their people, the business of their people and the people's children, and protect it in a way that is beneficial to all, being a positive role model is the way to do it.

*Singing the Sober Song* is celebrating it's one year anniversary. Still dedicated to the enhancement of Alaska's first peoples, *Singing the Sober Song* would like to congratulate those who have chosen a life of sobriety. It takes a strong personality and a lot of will power mixed with spiritual power to accomplish a life that is beautiful, healthful, caring, positive and meaningful.

Take care and have lots of fun!