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I have a dream, too

Dear Editor:

When I went to hospital for check up, I was looking for something to read. I knew if I wait in one of the E Doc Rooms, it'll seem like I was waiting for a doctor forever and ever. So I took the newspaper from one of the magazine racks. When I saw the title, it said "Singing the Sober Song." Even though I don't like to read anything about alcohol, I read it.

To me they're always boring to read. That doesn't mean because I drink, I've been sober for almost 19 years, but like elders said, "don't say, 'I don't drink,'" because who knows I might start over. I never want to drink again. And I hope to God I won't start for rest of my life. Anyways about the newspaper, when I read the letters I thought about writing to you.

Sometimes I wanted to talk to people who use drugs and alcohol. I don't know much about drugs, all I know is it ruins your brain.

Whenever I want to talk about alcohol, I wish I could talk like Martin Luther King Jr.

Like, I have a dream.... I have a dream that someday, people will no longer use alcohol. I have a dream...I have dream that someday Eskimo, white people, Indians, etc... will reach out. I have a dream that there will be peace. I have a dream...but I have dreams that will never come true. If only my dreams would come true. There would be more peace, no more divorces, happy marriages, happy family. No more alcoholics.

If I could only move one person's feelings and make a couple stop drinking, it would be the best dream I ever had.

Remember the time when we were young. When our parents used to drink. We used to be afraid. Very scared. Most of the time we sleep at somebodys house. That was the time we use to feel safe, or when we sleep at our house and our parents have party at our house with other people, and we pretend to sleep, very scared. Yes, we used to be scared all the time. For those who did not have alcoholic parents, I tell you, it's no fun having alcoholic parents.

Did you know that our kids have the

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same feelings like us? Yes, same feelings, if they have alcoholic parents. They will feel just the way we used to feel, 1. scared, 2. sad, 3. hurt, 4. embarrassed. Just the way we used to feel.

Just think. If we are alcoholics, think about our children. If they grow up how will they talk about us? Maybe they'll say, "When my parents used to drink...!" Will they remember only our drinking problem? Just imagine if you grow up to be

your parents' age. How are they going to be like if they had grow up with alcoholic parents, and they grow up to be your age. If they use alcohol, you will be very hurt.

Remember action speaks louder than words. It is very true. Action does speaks louder than words.

And remember growing up with alcoholics is no fun, it's saddening.

I pray to God that my letter touches your feelings. I hope people seek help.

Albertina