

# Holistic health fair held in Cold Bay

Through the State Holistic Health Grant, two health fairs took place during the month of May.

On May 3 and 4 the community of Cold Bay joined in on the fun and excitement at their recreation center.

Films, snacks, blood pressure checks, mental health and safety booths attracted children and adults to take part in the two-day event.

The IHS Sanitarian innoculated many animals against distemper and rabies during the fair.

The Health Department staff was delighted with the beautiful sunny days. The hospitality of all those who live in Cold Bay made the event exciting and delightful.

On May 13 and 14 A/PIA held a Fair in St. Paul. The leaders and other citizens of

the island enjoyed the experience. The children became familiar with a stethoscope and dancing exercises. The developing recreational center was a beautiful place to hold the fair.

Health Fairs bring the preventive information to all. It is only through prevention of illness that we can hope to live in healthy communities.