



Upward Bound Class, Mt. Village. Left to Right: Rick Todd, instructor, Simon Harpak, Wally Brown, Howard Petersen. Middle Row: Leonard Landlord, Olga Moses, Barbara Landlord, Adeline Beans, Dora Andrews. Front Row: Chris Long. Missing: Joan Johnson.

Upward Bound at Mountain Village

The Upward Bound Program started on February 14, 1981. There are 10 students in this class, eight students from the Junior class and two from the Sophomore class.

We all will be going on a six week trip to Fairbanks starting on June 1st, for college preparation. Richard Todd is the Upward Bound instructor, he also teaches vocational classes and does the High School counselling. The students have been going over Value Clarification, where we talked about the usefulness of who we are and self-esteem, where we try to build up our values and have confidence in ourselves. We also discussed Career Orientations, in which the students look over what possible careers that we are interested in, and Interest Inventory where the students find careers that we are interested in.

Some of the things we've discussed are communications skills, non-listening skills, and Dysfunctions. Some activities include group discussions with our instructor to gain confidence in ourselves. We have also been using the Career Center to help decide what we want to do after High School. Everyone uses the Career Center in their free time. The Career Center is a list of many jobs in Filmstrips with a tape recorder. Chose a job, look at the filmstrip, and answer questions about the job.

We took an Attitude Inventory Test to see how our attitude rates and to see how we'll get along on our possible jobs. Some of the words that we had on this test inventory were self esteem, confidence, and personality.

These past few days we've been going over the VIESA which stands for vocational interest experience, and skill assessment.

This book covers what to do after high school or while we are in high school. The skills we've been going over are "I" for interest, "S" for skills and "C" for first job choice.

There is a page that has a world of work map with twelve regions. There are four types of job areas: working with things, working with ideas, working with people, and working with data.