SJC Starts 4-wk. Course—

Upward Bound

Twenty-five Alaska high school students began a fourwedk Upward Bound session at Sheldon Jackson College last week.

Joyce Ward of Fort Yukon and Henry George and Theresa Sipary of St. Mary's are among the participants in the current program, which ends April 6.

Upward Bound is designed to introduce students to posthigh school education by giving them the opportunity to experience life on a college campus.

The program also provides career-exploration opportunities.

"We hope to broaden our career guidance program by plac-

ing students in the community in an effort to give them more practical experience in the working world." said Upward Bound Director Jan Turner.

Last session several Upward Bound students toured and observed in the Pioneer Home, local schools and the alcoholic counseling center.

During the month-long session, students take a minimum of seven classes including three required classes, "Your Body and Mind" (mental and physical health as related to drugs, alcohol and sex), "Hang in There" (an introduction to college life with an emphasis on career guidance) and one of three communications classes.

Students choose their remaining four classes from such courses as beadwork, Northwest Indian art form, swimming, outdoor survival, law and legal procedures, Tlingit culture and photography.

Independent study projects

can also be planned.

Weekend and evening special interest activities, such as cooking, yoga, camping, art forms and jam sessions are being planned under the direction of Patti Phelps, activity director.

"Once we get to know the kids our program molds around them," said Mrs. Turner. "They also will be involved in planning activities."