

AWIC bustles with training, fund-raising

HOYA! (HELLO)
BUSTLING: that's the word! Here's the run-down:

Advocate Helen Solomon attended Emergency Trauma Training sponsored and instructed by North Slope Borough Emergency Medical Services.

Helen completed her cardiopulmonary resuscitation (CPR), and 35 hours of the course, however, she had jury duty that week and thus could not achieve total certification this time. We heard she did an excellent job, though.

Advocate Shirley Solski went to Fairbanks for training, May 4 through May 6. She attended a workshop on Child Sexual Abuse sponsored by the Resource Center of Fairbanks and Women-in-Crisis - Counseling and Assistance (WIC-CA).

Shirley was also able to sneak into the Suicide Workshop being held at the university, which had been filled up. She said, however, that the talk given by Larry Hall (PHS Social Worker in Barrow), at our advocates/volunteers' training session held recently, covered the primary points on suicide crisis care and intervention methods.

Surely, AWIC is happy to have available to us, resource people such as Larry Hall and the others who participated in the training in Barrow.

Joanne Tadgerson, Assistant Coordinator for Arctic Women-in-Crisis, made a trip recently to Anchorage for a work session with several members of Alaska Network on Domestic Violence and Sexual Assault.

New state statistical forms are being developed by the Council on Domestic Violence and Sexual Assault in cooperation with the ANDVSA Research Committee. These forms

are for gathering statewide statistics, and they have been over a year in the making, with many areas of the new forms still being "ironed-out."

Five programs acted as test-pilot programs for the new forms. The programs using the new forms were located in Juneau, Anchorage, and Bethel. From the meeting Joanne attended, will come new revisions and then reprinting. After this process is completed, the new forms will be sent out to all Domestic Violence and Sexual Assault programs in the Alaska Network on Domestic Violence and Sexual Assault.

AWIC must continue to use its own statistical forms as well as the state forms so there'll be that much more paper-work to do.

Hard to escape from it, sometimes. Please note though, that all forms are confidential, and that the state forms do not have the client's name on them.

Joanne's Volunteer group had a rummage sale on May 1st. There were many donated items, so... **THANK YOU!!!**... to all who donated material goods and baked goodies for the sale!

There were clothes, and more clothes, framed photographs, parkas and suit coats, a mini-organ, games, and tidbits. And, there were Eskimo donuts and breads and cookies. The donuts were the fastest selling.

The first 30 to 45 minutes saw the biggest selling time; in fact, many people were ready to come in 'way before the 1 p.m. opening time. Well, anyway, by the end of the afternoon, AWIC Volunteers had tallied up about \$900 worth in sales.

A GOOD DAY!!!
Thank you, volunteers.

Volunteers are planning a North Slope Cookbook. Possible publishers are being looked into, and when all is readied, gathered, and printed, this cookbook will be available (for sale), to all of you out there.

We do need something from you, though. North Slope residents, take note: from Barter Island to Point Lay to Anaktuvuk Pass to Barrow... Arctic Women-in-Crisis needs your recipes, stories, drawings, and other things as tips on cleaning game, skinning and preparing geese, hunting caribou, pickling muktuk, making mikigaaq - fermented raw whale meat.

SO, from goose soup to chocolate mousse to pickled muktuk, send us your recipes, and with your recipes, enclose your name and the name of the village you are from, so that we can give you credit for your recipe - in the cookbook beside your recipe we will put your name and village if you like.

Please send your recipes to: Arctic Women-in-Crisis (AWIC)

Box 69
Barrow, Alaska 99723

Quyanaq! Thank you!

Volunteers continue as on-call emergency advocates for nights and weekends, which of course to Joanne and I, is a great help. Meanwhile, one of the volunteers has started in-shelter training.

Another volunteer showed the Alaskan-made film that AWIC has, to personnel at the North Slope Borough School

District. The name of that film is, "No Word For Rape."

Our in-shelter staff meetings have been changed to Tuesday nights, from the usual Wednesday. May 11, Tuesday, found the staff meeting at the Health Department Senior Center listening to inmates from the Eagle River Correctional Facility's "Inside-Out" program.

The Inside-Out program was developed by four inmates - three young men and one woman. The purpose of the program is to go into Alaska communities and speak to young people on drugs and alcohol. The Barrow Alcohol Program sponsored the group, and arranged the public meeting that Tuesday night.

So we took the staff meeting to this program, and Kim, one of our volunteers, stayed in the shelter during the time the staff was at the "Inside-Out" program. Thanks, Kim!

And, a big **THANKS** goes also to the Inside-Out inmates for their personal accounts of their lives and for answering questions from the audience participants. Plus, another thank you to these three inmates and to Steve Krajir.

There were some funds left over from the inmates' travel monies, so they wanted to donate it to some community organization that was in need of extra funds. Steve suggested Arctic Women-in-Crisis as well as other programs, and the inmates (Joe, Jack, and Bill), decided to give the leftover \$346 and some cents to AWIC. Hurrah!

We used some of it right away to buy some needed groceries, but the rest of the donation will go into buying

materials for the program!

Paul Faulkner donated another four dollars to make the \$346 a more even number - \$350!

Thanks, Paul...

A.W.I.C. is having some business cards printed. These will have the AWIC logo on them, plus our address, and our CRISIS number. The cards will be sent out to villages, as well as distributed to various agencies in Barrow and perhaps around the state.

Our seal skin is now on the drying rack, thanks to the efforts of our advocate, Helen. AWIC intends to make seal-skin slippers, Eskimo yoyo's, and other such goods to sell.

And, lastly, Arctic Women-in-Crisis is sponsoring **WOMEN'S SUPPORT GROUPS** every Thursday night, starting June 10 at 7 p.m., at the Health Department (old Post Office).

The support groups are:

BATTERED WOMEN'S SUPPORT GROUP
(Domestic Violence)

and
SEXUAL ASSAULT WOMEN'S SUPPORT GROUPS
(for rape victims, and for adult women who were sexually abused sometime during their childhood.)

These two support groups are being led by two women who have experienced violence in the home or rape/sexual assault.

**PLEASE COME
YOU ARE WELCOME HERE
CONFIDENTIAL
WE WILL SUPPORT
EACH OTHER**

Well, I am off to California for a couple weeks. Until next newsletter time, take care.

Susanna