

## TRAINING COURSES

**Constitutions & the IRA in Alaska**

**October 30-November 1, 1985**

**Anchorage**

**Examines IRA as it was extended to Alaska & focuses on political & economic entities that resulted from the Act. Provides guidance in developing amending, and revising tribal governing documents.**

**Instructor: Robert Farring, Jr.**

### Contract & Grant Administration

**November 12-14, 1985**

**Anchorage**

**Covers all post-award aspects of P.L. 93-638 contracts & grants. For Project Officers, tribal staff, CORs/GORs, Area & Agency personnel.**

**Instructor: Edwin Phelps**

**For details, call:**

**Linda McFarlin**

**703/379-2900**

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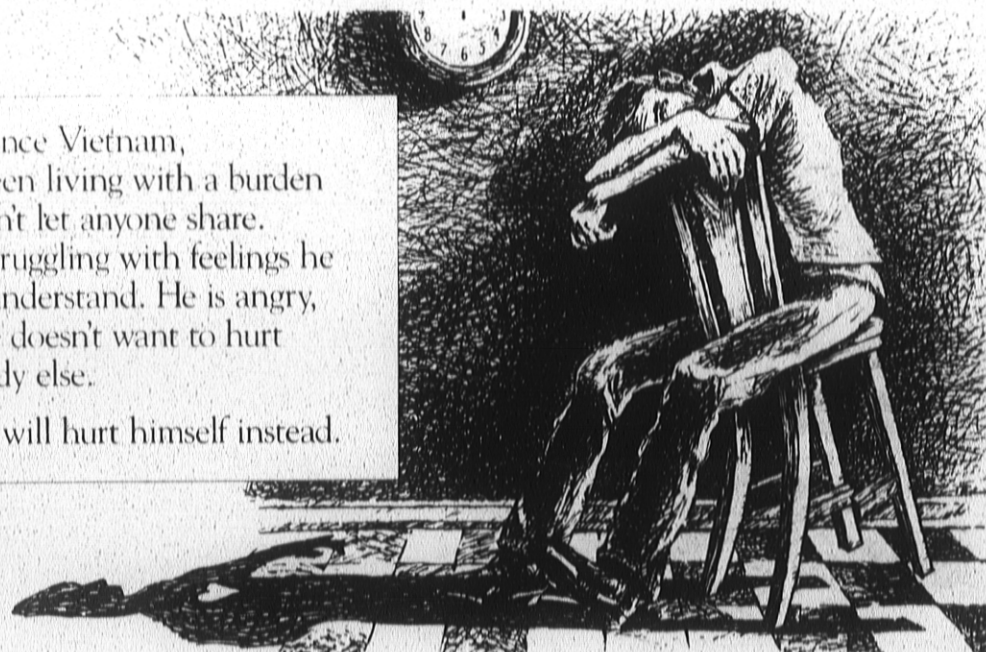
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Ever since Vietnam,  
he's been living with a burden  
he won't let anyone share.  
He's struggling with feelings he  
can't understand. He is angry,  
but he doesn't want to hurt  
anybody else.

So he will hurt himself instead.



Depression can be a deadly disease.  
But often those who need help the  
most are the last to seek it. Instead,  
they cut themselves off from the life  
support that friends and family can  
provide.

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problem in yourself, or are con-  
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