

Senior Citizens Program



From Miranda J. Rexford,
Coordinator
Alberta H. Adams, Outreach
Worker I
Nora N. Adams, Outreach
Worker II

Spring is here! Men are out whaling, women are busy at home, children are patiently waiting for the first whale to be caught by the highly respected Whaling Captains and crews. The Senior Citizens of Barrow are telling stories of long ago when whales were caught by them and their ancestors.

The calendar shown below is put together by the Senior Citizens Staff in Barrow. The senior citizen's names listed are their birthdates and what village they are from. The main dish comes with bread, vegetables, fruit, milk, and juice. If there are

any activities in any North Slope Borough village, and you would like the senior citizens to know, please do not hesitate to call the senior citizens' staff at 852-3999, extension 43.

The 1985 Senior Citizens Snertz, Pinochle, and Checkers contests were held on May 8, 9, and 10 at the Barrow Senior Center from 2:30 p.m. till 4:30 p.m. Prizes were awarded to those who won first, second, and third places. Every senior citizen that participated also received a consolation gift. More news and names of the winners will be listed in the next newsletter from our program.

That's all for now, good luck to all the whaling crews from all the senior citizens, take care and God Bless you.



SENIOR Citizens Activities For The Month						MAY 1985	
Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
UTKEAGVIK PRESBYTERIAN CHURCH 11am-MORNING WORSHIP 7:30pm-EVENING SERVICE 9:30pm-SINGSPIRATION ON THE AIR **EVERY SUNDAY**	**N.S.B.S.D. EMPLOYEE HELEN SIMMONDS MEETS WITH SENIOR CITIZENS EVERY MONDAY, WEDNESDAY, AND FRIDAY AT 3:00pm BARROW SENIOR CENTER**		1 ROAST BEEF SANDWICH	2 **MOVIES AFTER LUNCH** 2:15pm SENIOR CENTER SPARE RIBS	3 **N.S.B.S.D. EMPLOYEE HELEN SIMMONDS MEETS WITH SENIOR CITIZENS EVERY MONDAY, WEDNESDAY, AND FRIDAY AT 3:00pm BARROW SENIOR CENTER** BAKED HALIBUT	WAIN-MAE KAGAK WAIN-ESTHER MAE KAGAK PHO-EVA ATTUNGANA 4	
BRW-RODGER AHALIK ATO-DAISY SHUGLUK PHO-HELEN TUZROYLUKE 5	6 **HELEN SIMMONDS 3:00pm BARROW SENIOR CENTER** BARBECUE SHORT RIBS	BRW-JIMMY NINGEOK, SR. BRW-ALBERT DRIGOS BRW-IRENE METCALF 7 **MOVIES AFTER LUNCH** 2:15pm SENIOR CENTER HAM HOCKS	8 ← SNERTZ, CHECKERS, AND PINOCHLE CONTESTS → LIVER AND ONIONS	9 **MOVIES AFTER LUNCH** 2:15pm SENIOR CENTER HOT TURKEY SANDWICH	AKP-ELLEN HUGO 10 **HELEN SIMMONDS 3:00pm BARROW SENIOR CENTER** FILET OF SOLE	PHO-PATRICIA BILLE PHO-ALEC FRANKSON 11 ARTIC WOMEN IN CRISIS BAKE SALE AT CENTER 1:00pm - 5:00pm	
12 *HAPPY MOTHERS DAY*	NUO-BESSIE ERICKLOOK BRW-ALICE SOLOMON 13 **HELEN SIMMONDS 3:00pm BARROW SENIOR CENTER** LAMB CHOPS W/ MINT JELLY	14 **MOVIES AFTER LUNCH** 2:15pm SENIOR CENTER MEAT LOAF	15 BEEF TONGUE	16 **MOVIES AFTER LUNCH** 2:15pm SENIOR CENTER COD PATTIES	17 **HELEN SIMMONDS 3:00pm BARROW SENIOR CENTER** SPAGHETTI AND PIZZA	18	
19	20 **HELEN SIMMONDS 3:00pm BARROW SENIOR CENTER** BREADED VEAL	21 **MOVIES AFTER LUNCH** 2:15pm SENIOR CENTER WESTERN OMELET	22 SOUP AND EGG SALAD SANDWICH	BRW-HENRY NASHANK 23 **MOVIES AFTER LUNCH** 2:15pm SENIOR CENTER BAKED PORK CHOPS	WAIN-RUTH AGNASAGGA PT. LAY-LEO ATTUNGOWRUK 24 **HELEN SIMMONDS 3:00pm BARROW SENIOR CENTER** FANTAIL SHRIMP	PHO-IDA KOONUK 25	
BRW-GILFORD MONGOYAK, SR. BRW-CHARLOTTE ROGERS 26	27 *MEMORIAL DAY* NORTH SLOPE BOROUGH HOLIDAY	28 **MOVIES AFTER LUNCH** 2:15pm SENIOR CENTER HAM STEAK	29 FRIED CHICKEN	KAK-MOLLY OLOGAK 30 **MOVIES AFTER LUNCH** 2:15pm SENIOR CENTER HAMBURGERS	31 **NATIVE FOOD POTLUCK DAY** STARTS 1:30pm GRILLED SALMON		

NOTE: THE SENIOR CITIZENS NAMES LISTED ABOVE ARE BIRTHDATES. THE MAIN DISH COMES WITH BREAD, VEGETABLES, FRUIT, MILK, AND JUICE. IF THERE ARE ANY ACTIVITIES IN ANY NORTH SLOPE BOROUGH VILLAGE, AND YOU WOULD LIKE THE SENIOR CITIZENS TO KNOW, PLEASE DO NOT HESITATE ON CALLING THE SENIOR STAFF AT 807-852-3999, EXTENSION 43. THANK YOU