

Substance Abuse

by Frank Poplawski

SATS Coordinator

Well, everything is looking well on the home-front. Our program is fully staffed, our grants are written, and programs are developing.
Staff List:

Frank J. Poplawski
Coordinator

Jose Barrameda
Asst. Coordinator

Doreen Nutaaq Silvasy
ASAP Caseworker

Susan Heaston
Prevention Specialist

Bobbi Leone
Outpatient & Aftercare Mgr.

Carla Brower
Intake/Receptionist

Martha Nicolai-Langmade
Counselor

Michael Cesena
Counselor

Corinne Blackwood

Counselor

Heide Jeffers
Outreach Worker

James Gardener
Outreach Worker

Edna Ipalook
Outreach Worker

As you can see, we have a very diverse staff, which makes it easier to serve the people here on the Slope.

I have been part of this program since October 1983, in one way or another, but have not seen such developments as have been happening in the last three months; we have had 2,260 visits to our Friendship House. We have had many special events, which included hobbies and crafts, Valentine and St. Patrick's Day parties with excellent participation. A Treasure Hunt is in the works for North Slope residents, as is a Newsletter, a

Volunteer Raising Project, and Slopewide Prevention Conference. Training events will include: Annual School for Alcohol and Addictions Studies in Anchorage, and a special session with Jaquely Small here in Barrow right afterwards. Our client-load is picking up, which is a good sign. Many people are starting to come into counseling on their own. I wish to thank the NSB Health Department for its continued support of the SATS Program, none of this would have been possible without it.

I hope by now everyone is happy with their hunting, and continue to enjoy this wonderful season with the great gifts of nature. It is truly a spiritual rebirthing time, when the hunting season begins. New life to the hunters and families, and the vibrations that go through the villages and stir up everyone. It would be wonderful to use this time to make a gift to future generations, to give the gift of survival too. This is not possible if we continue to turn our lives over to drugs, violence, and separation.

There is no separation when the hunter is hunting, he becomes one with the elements. There is no resistance because the hunt would only be empty. The longer we put off becoming one with our children, the longer it will take to bring all life into the natural order of things. What sacrifice are you willing to make? And is it a sacrifice to love yourself and the future of this wonderful spot? Think about it!!! What is more important, a time for dying with drugs, and making drug-effected decisions, or a time for living with life, and making drug-free decisions? I have to thank the people of Alaska for teaching me this wonderful lesson.
REMEMBER 1991!!!