

# Alcohol program director gets award for innovation

Janet Carter, director of the South Central Area Alcohol Training program at St. Herman's Seminary, was given an award for Innovative Programming in the field of substance abuse at the Tri-Discipline Conference on Addiction. The conference took place at the Sheraton Anchorage Hotel recently.

Carter was commended for employing new ways in making her classes more meaningful and effective and designing courses that address urgent matters in the field of drug and alcohol abuse.

Holding a master's degree in counseling, Carter has used her knowledge and training in a variety of positions within the field of health and social services. In Seattle, she worked as a counselor on Skid Row and in various shelters. She was the director of the Kodiak Women's Resource and Crisis Center and taught English as a second language in the Adult Basic Education at the Kodiak Community

College.

In 1987, Carter was hired as the director of SCAAT. Within three years she brought the program, which was initially available to some 25 students in the Kodiak area, to an outreach program that has reached more than 680 students throughout Southcentral Alaska.

Her travels as a representative of SCAAT have taken her to Bristol Bay, the Aleutian Chain, the Pribilofs and other parts of the state.

Through her teaching and training, Carter has inspired villages, such as New Stuyahok, to develop their own alcohol treatment programs.

Realizing that Fetal Alcohol Syndrome and the use of inhalants have become major health problems in Alaska, Carter designed courses addressing those issues. She also developed a review manual for students taking the state certification test in alcohol counseling.