

State Is Leading in Med. Self-Help Prog.

Governor Keith H. Miller said recently that Alaska has moved from fourth place to first place in the percentage of state population trained in Medical Self-Help courses. There are 50 states in the program.

The Medical Self-Help program sponsored by the Office of Comprehensive Health Planning, Department of Health and Welfare, has coordinated 155 courses in Medical Self-Help and had trained 12,667 persons this year through April 20.

Course materials are furnished by the U.S. Department of Health, Education, and Welfare. Teachers, school and public health nurses, the Red Cross and other agencies throughout Alaska give the classroom work.

Robert A. "Bert" Hall, Commissioner of Health and Welfare stated that Alaska has been among the top ten states in individuals trained, since the program began, and he added, "This is the second time we have been



COORDINATOR—Mrs. Dorothy Brakes helped to coordinate the Medical Self-Help Program in Alaska and contributed greatly for its success.

at the head of the list."

The program teaches measures to be taken in radioactive fallout, artificial respiration, bleeding and bandaging, shock, disaster, emergency childbirth, burns, fractures and splinting, transportation of the injured, infant and child care, and nursing care, of the sick and injured.

In Juneau alone, 4,129 individuals received the training. Elmendorf AFB was second with 1,500 trained and Fairbanks trained 1,490 in twenty eight course presentations. In Sitka 853 completed the course followed by 716 in Anchorage and 700 in Kotzebue.

Other locations with number of students trained are: Nome 421, Seward 392, Glennallen 390, Eielson AFB 225, Kodiak 220, Petersburg 200, Naknek 190, Palmer 154, Fort Richardson 150, Bethel 140, Toksook Bay 138, Old Harbor 120, Haines 90, Goodnews Bay 70, Nenana 60, Aleknagik 51, Cordova and Seldovia 50, Clear and Mt. Edgecumbe 40, Barrow 35, Skagway 30, Craig 15, and College 10.

Lawrence J. "Larry" Sullivan, Coordinator, Office of Comprehensive Planning, Department of Health and Welfare, said that Mrs. Dorothy Brakes, an Alaskan native, in his office, and Ivan Lewis, of the Health and Welfare Film Library, were invaluable in assistance with the program.

Organizations interested in the Medical Self-Help Program may obtain information by writing: Coordinator, Office of Comprehensive Health Planning, Department of Health and Welfare, Pouch H. Juneau, Alaska 99801.