# Tundra Times 



Owned, controlled and edited by Eskimo, Indian, Aleut Publishing Company, a corporation of Alaska natives. Published at Fairbanks, Alaska, weekly, of fras.

Address all mail to Box 1287. Fairbanks, Alaska 99701. Telephone 452-2244.
Entered at the Post Office at Fairbanks, Alaska, as second class matter Under the Act of March 3, 1879.

Eskimo, Indian, Aleut Publishing Co., Inc. publisher (Howard Rock Laura Bergt, Thomas Richards, Thomas A. Snapp, and Albert S. Kaloa) editors, Guy Okakok and Hugh Nichols.

## SUBSCRIPTION RATES

Regular Mail (including Alaska, $\begin{array}{llll}\begin{array}{l}\text { Canada and other states) }\end{array} & \text {...... } 1 \text { Year } \$ 8.00 & 6 \text { Months } \$ 4.50 \\ \text { Mail (including Alaska, } \\ \text { Canada and other states) } & \text {...... } 1 \text { Year } \$ 19.00 & 6 \text { Months } \$ 10.00\end{array}$

## The Native Affairs Commission

would not be easy to undo and it could create precedents that might be hard to retract. The commission, if finally established, could also be subjected to pressures legalistic or otherwise, that would greatly influence the commission members, especially if they were handpicked by the governor. If it comes out in this manner, it may be not more than a gubernatorial device and this can mean a gross miscarriage of representation. If this becomes an eventuality, the crux of our numerous problems would not be posed adequately and the solutions offered could fall short of the targets.

The commission, if formed, should be made up of capable and knowledgeable members who would know as much as possible the needs of their particular areas if not all areas. If not, the NAC would tend to half-solve the problems it presents and this could create shaky foundations for the future progress of the native people as well as the general population of Alaska. If such an eventuality occurs, the problems of the state could well perpetuate and prove burdensome. It may well hamper the desire to develop into a healthy and progressive community.
This is the time to look searchingly at our native peoples' problems. It is time to look at them realistically for the good of Alaska as a whole. To do so can prove to be a salvation to the future of the 49 th state.
Times Top Newsboy Studies

## Infaspinatus, Lumbodorsal Fascia

(Editor's Note: Twelve-year-old Harold Riach is a Korean boy who was adopted by the Riach family of the city of Wrangell. Harold is also the top Tundra Times newsboy in the state. The enterprising young fellow seems to be showing talent along other lines as the following letter will attest).

> P.O. Box 603
> Wrangell, Al ask a 99929

Dear Editor:
We had a nice sunny day today. I walked $21 / 2$ miles out the road and came back to town then walked around town to deliver the papers. Then I walked home. We live a mile north of town. I figure that I am walking about ten miles a day when I'm delivering the papers.
Many people ask me, "Why do you walk all the way?" Then I say that way I get lots of muscles.
In our sixth grade health class we are studying the muscles and the bones. I know the names of 31 bones and 32 muscles. We had a final test in our class over the bones and I was only one who got a hundred.
In the test to name the muscles, Franklyn Gordon and I got hundreds. Here are some hard names for the muscles and the bones that we had the test over: Zygomatic, Occipital, Osinnominatum, Pectoralis Major, Vastus Medialis, Vastus Later alis, Adductor Magnus, Tibialis Anterior, Brachioradialis, Semitendinosus Ternocleidomastoid, Infaspinatus, Lumbodorsal Fascia, Latissimus Dorsi, Gastrocnemius, Rhomboideus Major, External Oblique--Spinal Column! We had to spell them right too!

Very soon we will study about the inside of a stomach. Sincerely,

Harold Riach

## Ft. Greely Show April 29-30

The annual Fort Greely Spring Sportsman Show April 29-30 will offer even more displays and entertainment this year, according to the sponsoring Ft. Greely Rod and Gun Club.
Live entertainment will go on throughout the weekend affair, with displays of
camping, boating, hunting, fishing, conservation and natural wildlife booths open to the public.
The latest in outdoor clothing, equipment, weapons, fishing gear, campers, boats and automobiles will be shown.
Entertainment will consist of sky diving, quartets, band music, rock and roll groups, folk singers, Tiajuana Brass, Sweet Adeline singers, choirs, The Shooting of Dan McGrew stage production, a fashion show, and a 'Sportsmans Dance."
Free sportsman equipment ranging from duck calls to a complete fishing kit will be given away. A Grand Prize a snow buggy - will also be given away.

## Health Trainees <br> Finish Course

Seven people from Southeast Alaska communities have graduated from a short course in Health Aide Training at Mt. Edgecumbe.
Completing the basic course were Mrs. Esther Brenner and Mrs. Marjorie Adams of Yakutat; Mrs. Helen Keene of Klavock; Mr. and Mrs. Arnold Walker, and Mr. Sheridan Gregory of Angoon.
Mrs. Gertrude Wolfe of Hoonah, who was already a Health Aide, received refresher work and some advanced training.
The aides will return to their communities to assist as volunteers in providing better health care to their people. Their training will help them to accurately report illnesses to physicians by phone, and to carry out the physician's instructions.
They also have information in health education for improving health conditions within the families, and will hel $p$ when a public health nurse is in the community.
The training was provided by the Public Health Service Alatatn Native teath semice

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## Medallion Oworers

The Alaska Purchase Centennial Commission is compiling a record of owners of matched, serially numbered bronze and silver Centennial medallions. These will be preserved in an attractive book to be presented to the new State Museum in Juneau.
Persons already owning such medallion sets are being asked to furnish their name, address and serial number of their sets to the local Centennial Committee from which they purchased the sets, or to Herb Adams, State Centennial Commission, at P.O. Box 1967, Juneau, Alaska.

# PHS M.D. Explains Complex Services 

Alaska Native Medical Center

Box 7-741
Anchorage, Alaska 99501

March 28, 1967
Mr. Howard Rock
Editor
The Tundra Times
Box 1287
Fairbanks, Alaska 99701
Dear Mr. Rock:
The health problems of the Alaska Native people are very large, they are complex, and delivery of health services is complicated by many factors of geography and climate. Very few people outside the Native population themselves understand the extent to which Native People are burdened by disease, by disability, and by premature death; nor is it widely known with what courage and dignity the Native People bear these burdens.
Most of the new physicians entering our program come for the purpose of discharging their military obligation. This obigation is for two years only, but many of these men stay on for at least one extra year. A significant number of them have elected to make this service their life work, and the senior staff of our hospital system is mainly composed of such physicians. Why do they do this? These are outstanding men and women and, financially, any of them could do much better almost anywhere. The answer is simple: They have developed a great respect for the Alaska Native People and consider them as partners in the endeavor to bring better health. This partnership brings many rewards and there is, among the staff of our hospitals, a sense of real achievement and a deep conviction that this service is of enduring significance. This partnership has made possible very real accomplishments in meeting some of the health problems that have had such a tragic impact and have, in the past, actually threatened extinction of some groups. Much has been accomplished, but there is yet a great deal left to be done.
Most of the senior staff of our hospital system in Alaska consider themselves to be Alaskans; they have been here a long time and they intend to stay until their iob is finished. They are all very proud to be able to serve the Alaska Native people. Further, may I say the Alaska Native People moy also be proud of them and of their work. Their dedication, diligence competence and patience have been outstanding.
In addition to our own staff, there are a number of physicians and dentists in private practice who have a genuine concem for the health of Alaska Natives. In Anchorage, alone, more than twenty of these specialists serve as consultants both to the Medical Center and to the outlying hospitals.
As Director of the Alaska Native Medical Center, 1 per sonally count it a great honor to be associated with the men and women of our hospital system and of our consulting staff. The accomplishments of this group, in partnership with the people they serve, will soon set a mark that will be a source of pride for all A!askans and, indeed, for the Nation as a whole.

Sincerely yours,
Martha R. Wilson, M.D.
Medical Director
Service Unit Director

## Miner's Progress Edition Praised <br> U of A Receives Training Grant

Senator Ernest Gruening has praised the Fairbanks Daily News-Miner for their 1967 progress edition. Designated as the Alaska Centennial edition, it reviews the Alaska story of 100 years of progress.
Gruening praised "the excellence exhibited annually by the Fairbanks Daily NewsMiner in publishing a special edition of high quality not only in reporting on developments in its area but more especially in typography and color reproduction."
Special tribute was paid by Senator Gruening to C.W. Snedden, the newspaper's "energetic, president and publisher," and to executive editor David B. Galloway.

The University of Alaska has received approval of a grant of $\$ 33,000$ under Title II-1 of the Economic Opportunity Act of 1964.
Dr. Arthur S. Buswell, Dean of the Division of Statewide Services and Director of Extension said the grant will be used to employ a regional training officer to plan and conduct short term educational programs for parents of young children, prepare publications on early childhood development and to provide specialized training programs for Head Start teachers.
The program will be administered by the University's Cooperative Extension Service.

